



**YOU'RE
INVITED!**



COFFEE & CAKE MORNING

Resource Pack

Eat tasty cakes, have a lovely cuppa, chat with friends and help raise money for **Caring Matters Now**

Charity Reg. 1192670 | fundraise@caringmattersnow.co.uk | www.caringmattersnow.co.uk

Welcome

Hi there!

Thank you for downloading this resource pack and choosing to organise a coffee & cake morning raising funds for Caring Matters Now. Through your fundraising efforts, as a charity, we can provide practical and emotional **support** for children and adults living with CMN, raise global **awareness** of CMN and fund pioneering **research** to develop effective treatment for CMN.

This pack contains everything you need to make your coffee & cake morning a hit. Just download and print any of the included items. You can host your event in any way that you like, whether big or small, whatever you do will make a big difference to the individuals and families that we support. We are here to support you in any way we can, so please do not hesitate to get in touch with us by emailing **fundraise@caringmattersnow.co.uk** or visit our website **caringmattersnow.co.uk/coffee-cake-morning**

Paying in your raised funds couldn't be easier. You can set up an online fundraising page using 'Enthuse', visit our website and donate online, or get in touch to arrange a BAC's payment.

Let's work together to raise money for people living with CMN.



thank you

You're invited....



COFFEE & CAKE MORNING

Lets work together to support those living with Congenital Melanocytic Naevi (CMN).

When:

Where:

Time:

Contact:



Eat tasty cakes, have a lovely cuppa, chat with friends and help raise money for



/caringmattersnow

@caringmattersnow

@cmsnsupportgroup

/caring-matters-now

Charity Reg. 1192670 | info@caringmattersnow.co.uk | www.caringmattersnow.co.uk



YOU ARE INVITED!



You are invited to our  caring matters now

COFFEE & CAKE MORNING

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coffee & cake morning tips



Make a plan of action

Decide how, when and where you will be hosting: home, work, school, community venue?

Recruit some family/friends (if you need some help) and get baking, or simply pop to the shops.

Visit our online shop to request some more free items that may help you on the day. For example, our cardboard donation boxes, some balloons to decorate or some information leaflets.



Promote your event

Add your details to our invite included in this pack and hand out to your friends, family or colleagues to get the date in everyone's diaries.

Online donations through using the Enthuse platform is the easiest way for your family and friends to give. 100% of donations go directly to Caring Matters Now. Scan the QR code to set up your page now.



Don't forget to share your plans on social media, this means that even those who cannot attend your event could make a donation.



On the day

Gather your decorations and make your Coffee & Cake Morning look the part.

Share your story, if you have a personal connection to Caring Matters Now then this is your opportunity to tell those who attend the event about why you are supporting us.

Place your donation box in a prominent place and don't be afraid to ask for donations. You could even create your own QR code that links to your online donation page, print it out and put it up around the room for people to donate online.

Enjoy some cake!!!



After the event

Box up any leftover treats for your guests to takeaway in exchange for a donation.

Save your decorations to reuse again next year or recycle them.

Pay in your donations. You can do this online via our website or by sending a cheque in the post to our PO Box address found on the front page of this pack.

Celebrate your achievements.



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REGULATOR

CMN Merchandise



CMN Pink & Blue Balloons

FREE to order in our online shop



CMN Sports Tshirts (child & adult sizes)

Available to purchase in pink, blue or black



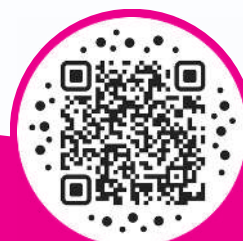
Ronnie the Bear

Purchase our teddy bear mascot online



How do you C Me Now? Photographic Book

Purchase our most inspiring resource



Scan the QR code to visit our online shop



Your coffee & cake bunting

side one



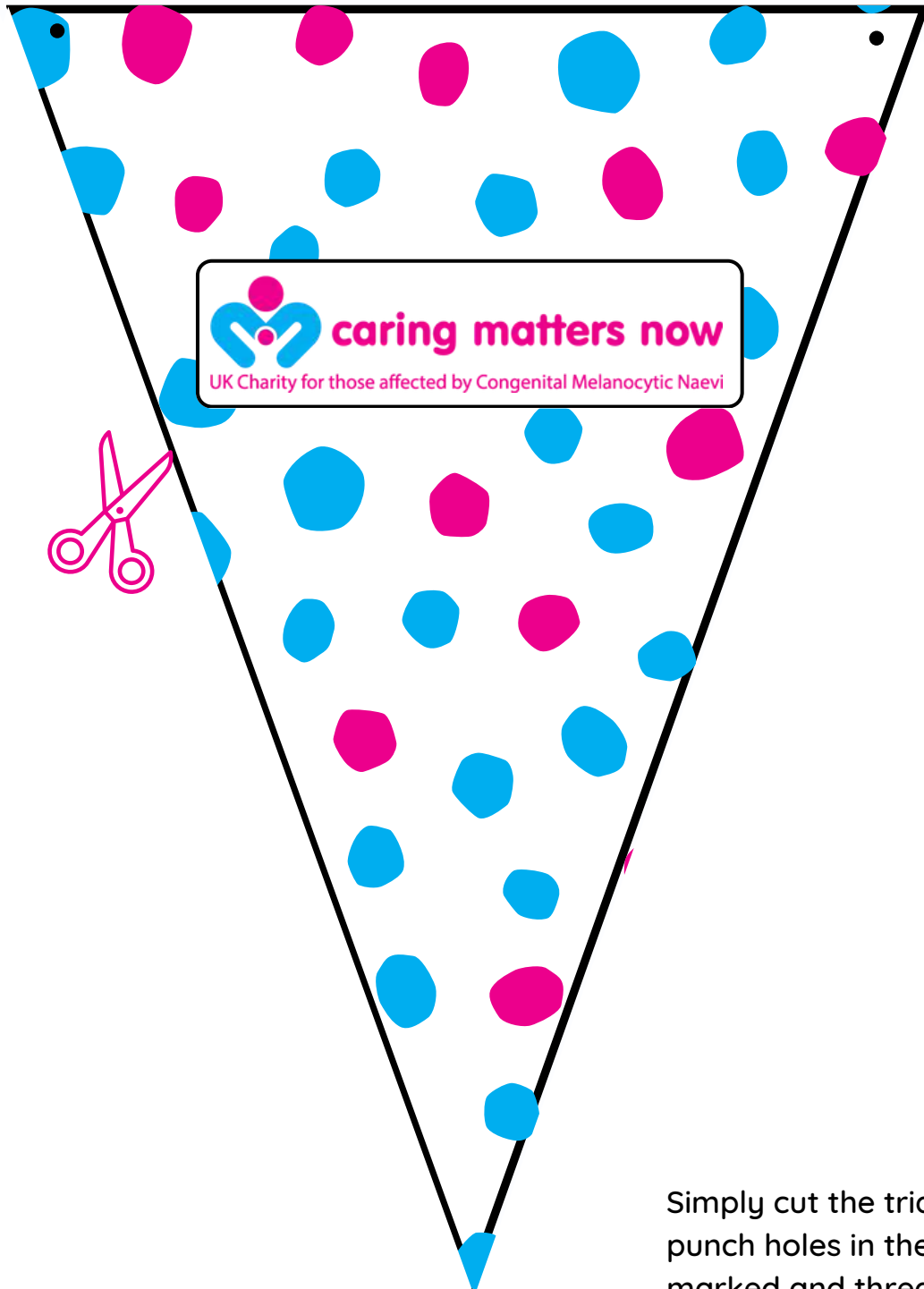
Simply cut the triangles out, punch holes in them where marked and thread them together with string or ribbon



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Your coffee & cake bunting

side two



Simply cut the triangles out, punch holes in them where marked and thread them together with string or ribbon



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Caring Matters Now is the only dedicated UK charity supporting those affected by Congenital Naevi

The 3 main aims of the charity are:



To **support** those affected by CMN



To raise **awareness** about CMN



To raise funds for the CMN **research**

What is Congenital Melanocytic Naevi (CMN)?



CMN is a brown or black mole present at birth



CMN can be very numerous and appear on any part of the body



Large or multiple CMN are untreatable



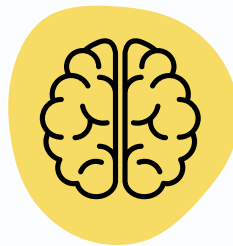
Those with CMN have to deal with constant questions about why they look different



CMN covers up to **80%** of the body



1 in 10 of high-risk patients develop melanoma



2 in 10 have neurological complications

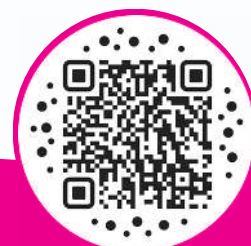


90% of melanoma cases in children are fatal

All statistics stated above are taken from research projects undertaken at UCL focused on children affected by CMN

What can you do to help?

Scan the QR code to visit our website to find out ways we can work together to help those affected by Congenital Melanocytic Naevi



You are making a difference

Over the past 4 years, Caring Matters Now has grown at a phenomenal rate, with the number of families we support increasing by 100%. In 2019 we were supporting 389 families affected by CMN, in 2025 we are supporting 839 families affected by CMN.

We hold dear our promise of providing support through FREE membership, without constraint, and to do this we rely on the generosity of giving. Scanning the QR codes below you can hear from two of our families the difference your fundraising makes to the lives of our members.



Meet Ada

Ada was born with CMN covering 70% of her body. Scan the QR code to meet Ada's family and to hear how Caring Matters Now has been able to provide support throughout Ada's life.



Meet Anna-Grace

Anna was born with CMN covering 50% of her body and lives with neurological complexities. Scan the QR code to hear Anna's parents share their journey and how Caring Matters Now has been able to provide support over the years.



Coffee & Cake: Quiz

1

Which cake was named after a british monarch?

2

Which cake is traditionally served at a wedding?

3

Which two colours would you find in a battenberg cake?

4

Name the BBC TV show baking competition judged by Paul Hollywood

5

Name the hot drink that contains both coffee & chocolate

6

Which cake is named after a portuguese wine?

7

Which alcohol traditionally goes in an Irish Coffee?

8

What do you call an espresso served with a scoop of ice cream?



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Coffee & Cake: Quiz

The Answers

1

Victoria Sponge

2

Fruit cake

3

Pink and yellow

4

The Great
British Bake Off

5

Mocha

6

Madeira

7

Whiskey

8

Affogato



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Coffee & Cake: Wordsearch

y a x x t d g c c o f f e e v
d k w j x e o a i k d w j f f
b o c a t e i k m h e w j n a
r z n o r q u e r m l i z b j
g f t a r e y k z e i n r c x
h l a o t u n u r o c u v y i
v v b m h i s e e s i g m b h
f b x i i h o k s z o v n a v
j r e d r l n n s s u r w k q
w x i s o t y y i i s o f e w
c w v e q w h k s k u s r r v
e y c s n v b m o x q t x z u
d j p b b d x y a l o q i q u
x r o r k b s m s r b n j g k
k a s i c o h z o k k h d a o

donation

awareness

birthmark

family

friends

delicious

cake

coffee

baker



Coffee & Cake: How Many?



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Coffee & Cake: How Many?

The Answer:

224



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Coffee & Cake: Colour me in



How to pay in cash



Visit our website

You can make a one off donation using your debit/credit card by going to our website and clicking the 'donate' button. We use a platform called ENTHUSE and any donation made will come directly to us. Make sure you enter as much details as you can so that we can attribute the money raised back to you.



Scan the QR Code to donate online



Make a bank transfer

You can do a transfer directly from your online banking account to ours. Please include your name in the reference so we can attribute the donation back to you. You can request our bank details by getting in touch. Just email finance@caringmattersnow.co.uk



Pay it in at the Post Office

You can pay in cash and cheques directly to our bank account by visiting your local post office. Simply get in touch by emailing finance@caringmattersnow.co.uk to request a paying in slip.



Post it in

You can send a cheque to us that is made payable to 'Caring Matters Now' at:
PO Box 184, St Ives, PE27 9DU

Don't forget to *giftaid it*



Gift Aid Declaration

Boost your donation to Caring Matters Now by 25p of Gift Aid for every £1 you donate. Gift Aid is reclaimed by Caring Matters Now from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

In order to Gift Aid your donation you must tick the box below:

- I want to Gift Aid my donation of £_____ and any donation I make in the future or have made in the past 4 years to Caring Matters Now

I confirm I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My details:

Title	Forename(s)
Surname	
Address	
Postcode	Date

Please notify Caring Matters Now if you want to cancel this declaration, change your name or home address or no longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

giftaid it





caring matters now

THIS CERTIFICATE IS PROUDLY PRESENTED TO

FOR ORGANISING A COFFEE & CAKE MORNING AND RAISING AN AMAZING

Thank you