

FRIDAY 5TH JULY 2019		
TIME	SESSION	TARGET AUDIENCE
15.00 – 17.30	Registrations	All attendees
17.30 – 18.30	Evening Meal	All attendees
18.30 – 19.30	Ice-breaker activity	Primary Children
18.30 – 20.00	Registrations re-open	All attendees
19.00 – 19.30	Welcome talk	Teens / Adults
19.30 – 20.30	Ice-breaker activity	Teens
20.00	Evening drinks	Adults with CMN & their significant others

SATURDAY 6TH JULY 2019		
TIME	SESSION	TARGET AUDIENCE
08.00 – 09.00	Breakfast	All attendees
All Day	Soft Play	Babies / Toddlers
09.15 – 10.30	PGL Activity	Primary Children / Parents
09.15 – 10.30	PGL Activity	Teens
09.15 – 12.00	Fieldtrip	Adults with CMN & their significant others
10.30 – 11.30	Parenting to build resilience in children with CMN	Parents Workshop
10.30 – 12.00	PGL Activity	Primary Children
10.30 – 12.00	PGL Activity	Teens
12.05 – 13.00	Lunch	All attendees
13.15 – 14.15	PGL Activity	Primary Children
13.15 – 14.15	PGL Activity	Teens
13.30 – 14.30	Research Presentations, including Q&A	Adults
14.30 – 15.30	PGL Activity	Primary Children
14.30 – 15.30	PGL Activity	Teens
15.45 – 16.45	Working Towards a Brighter Future	Adults with CMN & their significant others
17.00 – 18.00	Evening Meal	All attendees
19.30 – 20.30	Bonfire & Marshmallows	All attendees

SUNDAY 7TH JULY 2019		
TIME	SESSION	TARGET AUDIENCE
08.00 – 09.00	Breakfast	All attendees
All Day	Soft Play	Babies / Toddlers
09.15 – 10.30	PGL Activity	Primary Children
09.15 – 10.30	PGL Activity	Teens
09.30 – 10.30	Psychology Talk	Adults
10.30 – 12.00	PGL Activity	Primary Children
10.30 – 12.00	PGL Activity	Teens
10.45 – 11.45	Key Aspects to Healthy Living with CMN	Adults Workshop
12.05 – 13.00	Lunch	All attendees
13.05	Group Photograph	All attendees
13.15 – 14.15	PGL Activity	Primary Children
13.15 – 14.15	Key Aspects to Healthy Living with CMN	Teens Workshop
14.30 – 15.30	PGL Activity	Primary Children
14.30 – 15.00	Young Leaders: Looking to the future	Young People: ages 13 – 23 years
15.00 – 15.30	The Bright Future of Caring Matters Now	Adults / Teens Presentation
17.00 – 18.00	Evening Meal	All attendees